

# Services

One-on-one Career, Executive, Leadership Coaching and Mastermind Groups

### Call for a Free Consultation!





I am excited to begin working with you as your coach. Coaching has the power to transform lives, and I am committed to supporting you on your journey to reach your goals and create meaningful change. A little bit about me:

The HR Coach specializes in mentoring and coaching leaders in an organization to assist them in their roles, executive coaching, career coaching and employee supports to address specific concerns and/or situations.

I look forward to getting to know you better and learning more about your specific goals and challenges, and coaching you and/or your team to meet those goals.

Lets schedule your complimentary discovery meeting to determine your needs and how I can help you.

Warm regards,

Senior HR Director and Leadership Coach





Lynne Bard

# My Coaching Journey

Beyond Rewards and The HR Coach were started in 1989 out of my passion for HR and love of helping others to succeed. I was honoured to be named one of the top 20 leadership coaches in Guelph area.

After many years working in the HR and Operations fields in manufacturing, hospitality, consulting and healthcare, I started working with individuals who came to me for coaching supports and training solutions for their teams and for themselves.

Coaching and supporting leaders of organizations has always been a passion of mine. My goal is to empower you to be the best leader you can be.

I look forward to the opportunity to support you and your team.



As we look ahead into the next century, leaders will be those who empower others." — Bill Gates



Lynne

## Why Work with Me

- As your coach, I have no preconceptions about you or your team.
   There is no agenda or history to cloud my view of you.
- I will listen to you, allowing you to hear yourself think things through.
- Coaching is not a one size fits all approach. I appreciate the uniqueness of each individual I coach.
- I will ask you questions, to help you find solutions and goals that are right for you.
- My goal is to have you leave each session feeling more confident and assured that you can approach your challenges and goals with confidence.
- I will hold you accountable for the goals you set, will check in on your progress and support you, challenge you and champion you.
- My coaching sessions are all about you.
- You can be yourself. This is a relationship with no judgement.



# How It Works

**BOOK A DISCOVERY SESSION** 

These sessions area 30 minute no charge discovery consult to discuss your needs and determine the fit.



SIGN THE CONTRACT

After our discovery session, should you decide to continue the coaching relationship, a contract will be created and the coaching can begin.

**COACHING SESSIONS** 

Coaching sessions are private whether face-to-face or virtual and customized to your needs. The type of session will be discussed at the discovery consult.

COMMUNICATION

**CONTACT DETAILS** 

1-519-821-7440

lynne@thehrcoach.ca

**WEBSITE** 

www.beyondrewards.ca



# Your Discovery Session

Your first consultation is free! It is important that you find a coach who is right for you.

I offer a free 30-minute discovery consultation for us to get to know each other, for you to share your expectations and desired outcomes, and for me to determine how I can support you pro-actively.

I will focus on the areas in which you feel you need coaching and suggest ways in which I can help.



# Your Coaching Sessions

My coaching style is an open, fresh-thinking and solution-focused approach.

You will benefit from my many years of practical experience, my coaching experience and my commitment to life-long learning. I regularly invest in my own development to ensure you get a robust and relevant coaching experience.





### Masterclass Packages

Facilitated Masterclasses with a maximum group of 8-10 participants to give focus on key business and leadership challenges in the modern workplace. Discussions will be directed to provide participants with practical outcomes that can be applied in work settings. My approach to these Masterclasses, interaction and discussion are key learning tools.

#### LET'S WORK TOGETHER

#### WHAT YOU'LL GET:

- Focused on the organization and individual needs, sessions provide a safe space for collaboration and leadership for a team or individually if you attend my monthly leadership masterclass, virtually or onsite.
- Sessions based your organizations needs (length, virtual or face-to-face sessions etc.)
- No charge email/text support for 2 months following session completion.

YOUR INVESTMENT

# CALL FOR MORE INFORMATION

# Coaching Packages



Coaching sessions can be hourly or a custom package developed specifically for you.

What is best for you will be discussed during our discovery consult..

#### YOUR INVESTMENT

CALL FOR A FREE
DISCOVERY
CONSULT TO
DISCUSS YOUR
NEEDS.

#### **SAMPLE COACHING PACKAGE:**

- 6 hours of coaching over 6 sessions 6 x 60 minute coaching sessions
- ✓ Top-up support between sessions available with one session included in fee.
- Text/Call support between sessions open ended.

LET'S WORK TOGETHER

### Additional Services





### **Executive Coaching**

Whether looking to enhance your current role with coaching supports or working through tough solutions for your team, my techniques will be custom to your needs.

Call for more information



### **Leadership Coaching**

Coaching cannot be a cookie cutter solution. Each client has different needs, goals and challenges they want to overcome or aspire to. My coaching method is custom to you the client.

Call for more information



#### **Psychometric Assessments**

In my coaching, I utilize the WPI Leadership Assessment, Team Assessments and other Psychometric Assessments to help me better understand my clients and support them on their journey.

Call for more information

### Additional Services





### One-on-one coaching

Coaching cannot be a cookie cutter solution. Each client has different needs, goals and challenges they want to overcome or aspire to. My coaching method is custom to you the client.

Call for more information



### **Situational Employee Coaching**

Sometimes an employee on your team needs a coach to support a specific situation they are experiencing or concern that their supervisor wishes to be addressed with custom coaching.

Call for more information



### **Outplacement Services**

The HR Coach provides leadership coaching and outplacement services to exited members of your team to support them in updating their resume, support in finding a new job, job search techniques, understanding their strengths and utilizing them to the positions they apply for.

Call for more information

### Additional Services



### Join a Leadership Mastermind Group



Mastermind groups offer the opportunity to build strong relationships with fellow business owners and leaders who share similar challenges and goals. go to <a href="Eventbrite">Eventbrite</a> to register for a Mastermind group meeting.

Call for more information

### **Masterclass Custom Group Packages**



The HR Coach will support your group as they strive to improve certain behaviors or outcomes in a facilitated psychologically safe environment for the participants to talk, share, discover, and support each other.

Call for more information

### **Customized Training**



The HR Coach and Beyond Rewards HR facilitate customized training to meet our clients needs. The training can be presente3d in our training room, online, at your facility or in an offsite facility of your choosing. More information!

Call for more information

### Let's Get Started!

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Let's get started!



LEARN MORE

I look forward to the opportunity of getting to know you better.



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