



By order of the  
Medical Officer of  
Health, you are  
required to:



## WEAR A FACE COVERING

Exemptions Include:

- Children under the age of 5 years
- Anyone whose ability to breathe is inhibited
- Anyone with a medical reason

\*Proof of exemption is NOT required.



## USE HAND SANITIZER

1. Apply 1 to 2 pumps to palms
2. Rub palms, fingers and back of hands
3. Rub hands for 15 seconds until dry

**IF POSSIBLE, PLEASE KEEP A DISTANCE  
OF 2 METRES FROM OTHERS.**

The Medical Officer of Health is issuing this order to help prevent the spread of COVID-19. Thank you for keeping our community safe.